

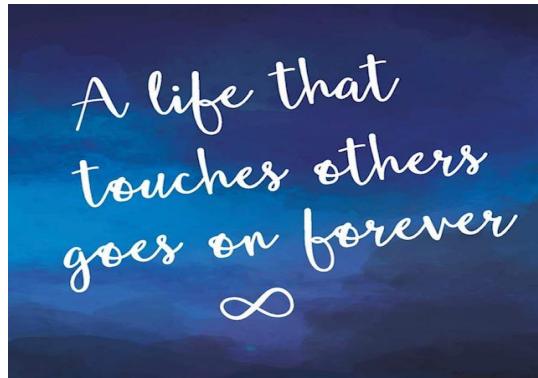


June 2021 Newsletter

Paisley Road PS

Jason Parks

It is with immense sadness that we share that the Paisley team have lost a dear friend and colleague. Jason Parks, our evening custodian passed away over the long weekend. Our grief at this time is overwhelming. Jason was such a huge part of the Paisley Family. We will miss his laughter, compassion and everything wonderful he brought into our school each day. Our thoughts are with his wife, Megan and daughters Olivia and Ruby. Staff and School Council are working on several ideas to pay tribute to Jason and his contributions to our lives and this community.



Staff Changes

We would like to wish the following staff success on their new endeavors: Ellen Westein the longest Paisley Panther, after 31 years with our school will be retiring effective May 28th - congratulations Mrs. Wetstein. Mme Wagleigh, Mme Cook, Mme Wilson, and Mr. Podolak have all taken positions with other schools and we wish them every success. Mme Di Leonardo will be remaining at Paisley Road PS and has taken on a new position as our FI kindergarten teacher. Mme Thompson and Mme Dileonardo will be a great JK/SK team.

Remote Learning

The Upper Grand DSB will be offering remote learning for students in the 2021-2022 school year. Registration for the Elementary Remote School is open from **May 20 until June 3.**

Please register before the **deadline of June 3, 2021 at 4 pm.** To register your child please complete the registration form:

<https://forms.gle/W2EzYFr8giZdiGXo7>



After 6 years as Principal at Paisley Road P.S., Mr. Wagner will be retiring. Mr. Wagner has worked hard to serve his school and community; he can now step back and appreciate how well he's done. Not only is it a time for reflection, but the next chapter of life. Please join us in wishing Mr. Wagner well on his new adventure into retirement. You will be missed, but we are sure you will take a motorcycle ride over to check in on all of us from time to time!

June Pride Month

Every year, during the month of June, the LGBT community celebrates in a number of different ways. Across the globe, various events are held during this special month as a way of recognising the influence LGBT people have had around the world. It is also a way to celebrate inclusiveness, acceptance and positivity.



Mental Health

What a year it has been. We have all collectively had to manage an ever changing landscape. Pressures on families, children and youth have been significant as we work our way through this global pandemic. We have, together, focused ourselves on wellness skills throughout the year. It seems appropriate that our last month together our Umbrella theme is mastery. Mastery refers to the desire to become competent at a skill. In many ways we have all been working at this skill as we try and find ways to manage during this pandemic.

This month, I invite you to look back at the skills we collectively worked on this year: empathy, mindfulness, gratitude, self-compassion, healthy lifestyle, autonomy and intrinsic motivation. Have you had the opportunity to explore any of these skills? What, if anything, have you been able to add into your routine? If nothing, that is okay. Just the act of learning about new skills is the beginning of building.

How can you support your child with this? Explore the past themes together. Try and encourage your child to persevere when they are frustrated. Helping our children to desire to become competent at a task is what we naturally do much of the time. Consider helping your child learn to ride a bike. There may be falls. There may be scrapes and frustration. But there will also be that celebration when they first pedal away, wobbly at best, but independently. This is one example. There are many. It is important to remember that success is unique to each person's abilities.

Throughout the year, with the Umbrella Project, we were hoping to bring some connectedness, some shared experience, to an otherwise disconnected time. However you participated, thank you for joining the UGDSB staff and students on this wellness journey. We look forward to re-connecting and continuing this work together next year.

Jenny Marino

Mental Health Lead, UGDSB