



Primrose Elementary School

May 2023 Newsletter

Dear Parents/Guardians,

After a great deal of rain on the weekend we are looking forward to seeing some May flowers! Please make sure that your child is coming to school dressed for the variable spring temps; layers are best. Our yard can be muddy. Outdoor shoes are necessary to ensure we are not tracking mud throughout the school. An extra change of clothes tucked in the backpack can come in handy in the event that your child has a slip and fall at recess.

May and June are very busy months. We have lots of events planned. Please take some time to read the school newsletter and classroom memos carefully to ensure you are aware of events and endeavor to make any necessary payments on or before the listed deadlines.

WELLNESS WORKS!

UGDSB's May theme is Self-Compassion. This month will focus on the benefits of Self- Compassion

Self-Compassion is:

- Treating yourself kindly and with patience during times of perceived failure



...we can't ***practice compassion*** with other people if we can't treat ourselves kindly.

BRENE BROWN



- Understanding that imperfections and struggle are a natural part of being human
- Offering oneself acceptance, understanding, and care

SAFETY WEEK (May 8 - May 15)

The week of May 8 and May 15 will be “Safety Week” in our school. We will be having 3 fire drills, 1 lockdown drill, 1 tornado drill and a bomb threat drill. We will also be sounding the alarm bell so students know what it sounds like and to test our various pull stations in the school. We will be reassuring students that there are no concerns and that it is a drill. You may want to let your children know, particularly if your child gets anxious with drills.

REMINDER

A reminder there will be no school on May 22 as it is Victoria Day. Also, June 2nd is a PD Day. Teachers will be continuing work on class placements for the 23/24 school year and working on assessment and evaluation for term two report cards as well.

EDUCATION AND MENTAL HEALTH WEEK MAY 1 - 5, 2023

From May 1-5, 2023, the Upper Grand District School Board will be participating in our annual Mental Health and Education Week. This year’s theme is, ‘Strive for Success.

Each day this week will have a different focus. Monday is Stigma Reduction, Tuesday is Truth, Wednesday is Relationships, Thursday is Identity Affirming and Friday is Vision. Classes and divisions will be doing daily activities to highlight the daily theme. Please take a look at our school announcements on your child’s classroom with more details. We hope that your children enjoy the week.

CAREER DAY (May 5)

Exciting news! On **Friday, May 5th, 2023**, Primrose will be running a **Career Day** for our older students. We are inviting local community members to come to the school and share about their careers - why they chose to do what they do, how they got there, the pros and cons of their job, and what courses might be valuable to take in high school. A Career Day gives students an up-close look at different career paths and connects their learning to the real world. It opens their eyes to new pathways for the future and allows students to learn what skills might be required to be successful in their career. Students will rotate through different sessions, so guests would be **presenting to SMALL GROUPS**, about five times throughout the morning. **Lunch and breaks will be provided for guests.** If you or someone you know would be interested in **volunteering** on Friday, May 5th, either in-person or virtually, we would love to have your support to make our Career Day a success. Just **email Mrs. Robertson at jrobertson@ugcloud.ca**.

EQAO May 10 to June 14

Students in grades 3 and 6 will participate in EQAO towards the end of the month. If you have a child(ren) in grade 3 or 6 please watch for more information about this in the coming weeks.

JUMP ROPE FOR HEART

Primrose will be hosting our annual Jump Rope for Heart event on Friday May 19th (Rain date: Tuesday May 23rd). Students will be jumping rope outside (Primary 11:45am-12:15, Junior 12:30-1pm and Intermediates 2-3pm) to promote a healthy and active lifestyle. Jumping rope builds healthy habits, boosts school spirit, and teaches social responsibility as we fundraise for life-saving heart and stroke research. Families can choose to donate to the Heart and Stroke Foundation using the following link:

[Donate Here](#)

Our school goal is to raise \$1,000. All students in the school will receive an extra 20 minute recess if we reach our goal! As our heartfelt thank you for your support, students can earn one of five Thank You Prizes, an online gift card from Toys “R” Us, Indigo, Amazon or Walmart – based on their fundraising levels. For more information you can watch the following video: [Jump Rope for Heart Video](#)

Please ensure that you are checking the weather and bringing appropriate attire (athletic wear, running shoes, extra clothing), and lots of water on Jump Rope Event Day!. Thank you for your support! For questions, please contact Brent Stiles (Grade 5 teacher) at bstiles@ugcloud.ca

PRIMROSE SINGERS

Congratulations to the almost 50 grade 4-8 Primrose Singers who traveled to Guelph on April 25th to participate in the Kiwanis Music Festival. They performed four pieces and were accompanied by Bruce Ley on the piano. In addition to singing, students enriched their choir songs by playing ukulele, cajon, djembe, shakers, rhythm sticks, xylophone, and marimba, and former Primrose EA Ingrid Jack helped by teaching the choir sign language for one of the songs. The Primrose Singers were thrilled to be awarded **GOLD LEVEL** standing in each of their classes. Their next choir event will be the Orangeville and District Music Festival (ODMF) on May 1st. Best of luck to our musical Pumas!

SMOOTHIES

The Primrose Grade Eights are pleased to announce that they continue to offer the sale of COLD, FRUITY, REFRESHING, 8-ounce Yogen Früz Smoothies from Pita Pit, delivered right to us at Primrose. Students and staff have the opportunity to order these DELICIOUS, TASTY snacks for only **\$5.00 per smoothie**. They will arrive once a week for six weeks during the FIRST nutrition break. The dates are: **May 1, 8, 15, 29**. You can

order for ALL weeks, or just selected days. **Payments MUST be made ONLINE only, through: www.schoolcashionline.com.** There are **three different flavours** and all profits from this fundraiser will go towards supporting the cost of this year's Grade Eight Graduation. Questions? Please contact jrobertson@ugcloud.ca. Thank you in advance for your support. Sincerely, The Primrose Grade Eights

Primrose's Got Talent!

A group of grade seven and eight students are organizing a series of three **Talent Shows for performers in grade 4-8**. The Talent Shows will take place in the second and third week of June, for students and staff only, with the goal of celebrating a wide range of individual talents. Thanks to the intermediate student leaders who are working to plan this spirited event!

SCHOOL COUNCIL

The next School Council meeting is Tuesday, May16, 2023 at 6:30 pm in-person at the school. We will be meeting in the Learning Commons (Library). There will be free babysitting if needed. If you would like to look at past agendas and minutes they are posted on the school website under the school council tab. Minutes will not be posted until the next Council meeting after they have been approved. Our last School Council meeting will be June 13, 2023 at 6:30 pm.

- [Playground info for parents April 2023.docx](#)
- [Fundraising Goal.pdf](#)

DUFFERIN PARENT SUPPORT NETWORK

The Dufferin Parent Support Network is a network of parents and community agencies who provide education, resources and support for parents. Dufferin Parent Support Network is hosting some amazing free parenting workshops in May. These include:

- Peaceful Problem-Solving and Conflict Resolution - May 4. Registration: <https://bit.ly/DPSNprobS23>
- Strengthening Your Stepfamily - May 9. Registration: <https://bit.ly/DPSNstepS23>
- Calming the Storm: Co-Regulation Strategies for Your Intense or Emotional Child - May 11. Registration: <https://bit.ly/DPSNregS23>.
- 519-940-8678 www.dpsn.ca info@dpsn.ca

OUTDOOR REPAIRS

We are pleased to announce that the slides on the traditional playground will be getting repaired as soon as possible thanks to School Council. Also, the north tarmac will be

getting the basket nets back up and the tarmac repainted this summer with games once the water truck has been removed for good.

MOVING?

If you know you will be moving and will not be attending Primrose Elementary School in the Fall, please let the office know as soon as possible.

ATTENDANCE

Just a reminder to guardians when their children are away to call into the office in the morning to let us know. Due to safety protocol, we call each family to check in when a student is away. Guardians calling in ahead of time speeds this process up and allows us to know all our students are safe. Also, if you receive an attendance letter it is because your child has missed over 25 per cent of the school year. Being on time for school and attending school regularly plays a critical role in any child's academic and social success at school.

Upper Grand Learning Foundation: "Freedom to Achieve Toonie Tuesday"

Tuesday May 9th is a Board wide "Freedom to Achieve Toonie Tuesday" day. Please consider donating a toonie to support students in our school system in getting access to programs and support and have "Freedom to Achieve" anything. Donations can be done online using School Cash Online (<https://www.schoolcashonline.com/>) the week of May 8th.. All donations will be sent to the Upper Grand Learning Foundation.

The Upper Grand Learning Foundation (UGLF) was formed in 1994 with its original formulation as a non-profit, registered charitable organization dedicated to improving educational opportunities for students, families and their communities in which the Upper Grand District School Board serves.

The UGLF was launched for two main purposes: to spread the word about the great things happening in the public education system and to support the Upper Grand District Public Schools across Wellington and Dufferin Counties. Today, the foundation is here to raise friends and funds to support student success. We know investing in children today means investing in their future, our communities and society.

All toonies will go towards the "Freedom to Achieve Fund". The *Freedom to Achieve* fund supports schools with special Equity requests and requests for special equipment or services that are beyond a parent or school budget. So, any support is very welcome. We are asking if you have not participated as a school in the past or in a long while, maybe you could this year. If you would prefer to choose a different date this May, a

date that is better for your community, we would appreciate this option as well.

We appreciate any and all contributions.

Thank you to all of our amazing families

ECO UPDATE

Last week for Earth week, our school ran a variety of initiatives to recognize the importance of keeping our earth clean. Throughout the week, all classes were challenged to bring in Litterless Lunches in hopes to reduce the amount of waste we produce as a school. Congratulations to Ms. Scott's class who managed to bring in the most litterless lunches throughout the week. To finish Earth Week, we all kept our classroom lights off for an hour and learned about the importance of energy conservation and also recognized it with a Blue and Green Spirit Day.

In continuing with the theme of keeping our Earth Clean, our School Council will be running a Boyne River Clean Up after school on April 27th where all members of our school community are invited to join and participate in helping to clean up along the banks of the beautiful river that runs through our community.

As mental health and Education Week Approaches, students will be learning more about the benefits of connecting with nature and being outside as Mrs. O'Grady's class introduces the concept of an "Outdoor Sit Spot" where students can enjoy a quiet space outside. Throughout that week, we will also focus on reducing single use plastics.

As the year begins to come to a close, some of our Kindergarten students will be learning about, and growing, sprouts in their classroom to learn about the benefits of locally grown vegetables.

We are continually working towards achieving Eco School Status again this year! Thank you for your continued support!

COMPASS RUN

Compass Run for Food 5K School Challenge on June 10, 2023 in-person at Compass. The 10th Annual Compass Run for Food is an opportunity for students to be active, support local food security programs and have fun! This event is NOT organized or supervised by school staff. Register at [Compass Run registration 2023-schools.pdf](#)

SCHOOL SPIRIT WEAR

Looking to add some purple and gold to your child's wardrobe? Primrose school spirit wear is available for purchase through a link on our school website, under the School Council tab, or click [HERE](#) to reach the site. Shirts can even be personalized on the sleeve. Makes a great gift!

NATIONAL ACCESSABILITY WEEK (MAY 28 - JUNE 3)

At Primrose, we're taking action to build an even more inclusive and accessible school. We are helping to celebrate the valuable contributions of Canadians with **disabilities** and recognize the efforts of people who are removing barriers to accessibility and inclusion. It's National Accessibility week.

Primrose Daily Schedule & School Bells 2023 - 2024

Below is the times for the daily schedule for 2023 - 2024

9:00 - 11:00 (Instructional Day 120 minutes)

11:00 - 11:40 (Nutritional Break)

11:40 - 1:20 (Instructional Day 100 minutes)

1:20 - 2:00 (Nutritional Break)

2:00 - 3:20 (Instructional Day 80 minutes)

Calendar 2023 - 2024

The Ministry of Education has a pending approved Upper Grand District School Board school year calendars for the 2023-2024 school year. Students will start the year on Sept. 5. Winter Break will be from December 25, 2023, to January 5, 2023. March Break will be from Monday March 11 to Friday March 15, 2023. The last day of school will fall on June 27 for elementary students. The approved calendars will be posted on the board website under [School Year Calendars](#).

UPCOMING EVENTS

May 1 - 5 - Education & Mental Health Week

May 1 - Smoothie Day

May 2 - Kindergarten Scientists in the School (Jones/Most & Stevenson/DeLuca)

May 2 - Salad Day

May 3 - Kindergarten Scientists in the School (Carson-Pedri/Hunter & Bax/Duern)

May 3 - Grades K-3 Drome Presentation

May 4 - Grades 4 - 8 Drome Presentation

May 5 - Red, White, Green Day (Cinco de Mayo)

May 5-National Day of Awareness for Missing and Murdered Indigenous Women, Girls and Two Spirit people

May 5 - Pizza Day
May 5 - Career Day Grades 6- 8
May 8 - Smoothie Day
May 8 - Primrose's Got Talent Auditions
May 9 - Hotdog Day
May 9 - Freedom to Achieve Toonie Day
May 9 - Primrose's Got Talent Auditions
May 10 - Primrose's Got Talent Auditions
May 10 - June 14 EQAO
May 11 - Movie Night
May 11 - Chess Tournament (14 students)
May 12 - Pizza Day
May 12- Character Day (from movie, book, tv etc)
May 15 - Smoothie Day
May 16 - EA Appreciation Day
May 16 - School Council Meeting at 6:30 pm
May 17 - International Day Against homophobia, transphobia and biphobia wear rainbow colours
May 18 - Chess Tournament (14 students)
May 19 - Jump Rope for Heart
May 19 - Pizza Day
May 22 - Victoria Day (no school)
May 26 - Comfy Day
May 26 - Pizza Day
May 28 - World Hunger Day <https://www.worldhungerday.org/>
May 29 - Smoothie Day
May 30 - Salad Day
May 31 - 1500 m Meet @ ODSS
May 31 - Grade 5 Highlands Nordic Trip

May 31 - Healthy Schools Group after school workshop

June 1 - Hotdog Day

June 1 - Hat Day

June 2 - PD Day (no school)

June 2 - New JKs Orientation

June 7 - Grade 1 Trip to Highland Nordic (Ms. Hawkins & Ms. Burgess)

June 7 - Grade 8 Visit to CDDHS

June 8 - Grade 1 & Grade 2 Trip to Highland Nordic (Ms. McNalty & Ms. O'Grady)

June 8 - Small Group of Students to CDDHS in the afternoon - Healthy Schools

June 8 - Movie Night

June 9 - Pizza Day

June 12 - Grade 8 Trip to Teen Ranch

June 13 - Volunteer Appreciation Tea

June 13 - School Council Meeting at 6:30 pm

June 15 - Grade 6 Trip to Toronto

June 16 - Grade 7 Trip to Teen Ranch

June 16 - Senior Kindergarten Graduation 9:15 - 10:15 am

June 16 - Pizza Day

June 16 - School Colours Day

June 16 - SK Graduation

June 20 - Grade 4 Trip to Mansfield Outdoor Ed

June 21 - Track and Field (ODSS)

June 22 - Report Cards Go Home

June 22 - Track and Field Raindate

June 23 - Comfy Day

June 23 - Pizza Day

June 26 - Grade 8 Graduation

June 29 - Canada Day Wear Red and White

June 29 - Last Day of School

June 30 - PD Day (no school)

Please remember to check the UGDSB website, follow us on Twitter, visit our school website, go into your child's Google classroom to see announcements and all the wonderful work they are doing, and read the emails for important information from our school.

*If you have any questions or concerns please feel free to call or email us at
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Principal