



SIR ISAAC BROCK PUBLIC SCHOOL

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Principal: Natasha Skerritt
Vice Principal: Kathy Soule

Office Co-ordinator: Diane Tyszka
Office Assistants: Jennifer Campagnolo

NOVEMBER 2017

Message from the Office,

October was a busy and exciting month at Sir Isaac Brock. Our grade 4 students moved into the "cottage" and our grade 2 class moved out of the space above the library and settled into their new classroom. Other highlights of October included: sporting events in both Junior and Intermediate, donation collections for the United Way and the Dance-A-Thon and new trees planted on our school yard. School teams represented SIB at Football, Soccer and Cross Country. Special thanks to all the teachers who volunteered their time to coach these teams. The students had a great time at our Dance-A-Thon and we are very appreciative of the funds that were raised to support our school. Thanks to everyone for making October such a great month.

During November teachers will be meeting with parents to discuss students. The process is slightly different depending on the grade of your child.

- For **Grade K-6** sign up will occur online. All appointments can be booked online at <http://www.ugdsb.on.ca/pti>. To book an interview you will be asked to enter your students OEN number and their birthdate. OEN numbers can be found on your child's report card. (Additional instructions can be found on our school website.)
- For **Intermediate** students (Grade 7&8) sign up will also occur online, we encourage you to book interviews using a group format. You can book up to two teachers for each ten minute block. Choose the teachers you wish to meet with and book the same time slot for two teachers at a time. Intermediate interviews will take place in our gymnasium to allow for this format. Sign up will occur online. All appointments can be booked online at <http://www.ugdsb.on.ca/pti>. To book an interview you will be asked to enter your students OEN number and their birthdate. OEN numbers can be found on your child's report card. (Additional instructions can be found on our school website.)

As we head into November it is important to note that this is the month that we give extra attention to educating our students on bullying prevention. Bully Prevention week for our board is Nov 20-24. We will be encouraging everyone to wear **PINK** in support of Anti-Bullying on November 23rd. At SIB we set high expectations of student behaviour based on our motto of Show Respect, Include Others and Be Responsible.

We wish all a safe and happy November!

Natasha Skerritt & Kathy Soule

Spirit Wear Day

–
November 17th

Raise the Dough!
November 14th

Watch for flyers coming home soon.

Chapters Fundraising!

November 28th, starting at 5 pm.

Thanks for coming out to support our library

Annual Toy Drive

Begins, November 20th.

Leadership and Extra Curricular Opportunities at SIB!

During the month of November there will be many opportunities for students to become involved at SIB. Some the events occurring are:

- Green Team (Recycling)
- Intermediate (Grade 7&8) Rock Band
- Lunch helpers
- Homework club for Grade 7 & 8 Students everyday at first break
- Grade 8 Band
- Grade 7 Band
- Maker Space Activities in Learning Commons

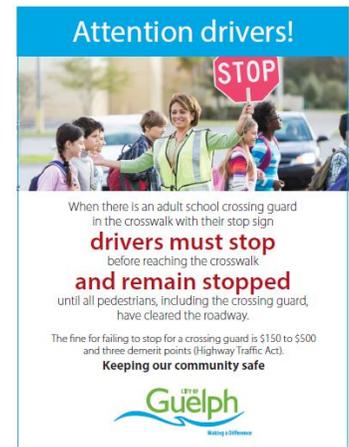
Supervision at School

Please remember that supervision does not start on our school yard till **8:25**. We ask students not to be on the yard until this time.



Reminder!

Please remember to STOP for our school busses. When you see flashing red lights, the STOP sign, and the arm is activated on the bus, it is very important that you remember to stop. It is also important to STOP when you reach a crosswalk if the adult crossing guard is in the crosswalk and holding up their STOP sign. Thank you to everyone for helping to keep all our kids safe.



Grade 8 Quebec Trip Fundraiser

Our Grade 8 students are selling beautiful poinsettia plants, cyclamen and amaryllis plants to raise funds towards their trip to Quebec City in June. You can purchase a plant by contacting a Grade 8 student or through Cash On Line. Orders are due November 9 with delivery to the school on November 30. Thank you for supporting our students.

UPDATES FROM SCHOOL COUNCIL

Thanks to all the parents who have been coming out to join us during our School Meetings. If you are able to help out please let the school know. The next School Council meeting is November 21st at 6:45pm; please join us if you can!

REMEMBRANCE DAY ASSEMBLY

We will be having our Remembrance Day Assembly on November 10th, beginning at 11:00am. We ask all children involved in the Scouting movement (Scouts, Cubs, Brownies, Girl Guides, Sparks, Beavers, etc.), Sea Cadets or Pioneers to come to school wearing their uniform on the 10th and to take part in our assembly. As always, parents are invited and welcome to attend. All students will be given a poppy to wear. We will be accepting donations for the poppies which will be sent directly to the Legion. Please consider sending in \$1.00 as a donation. Thank-you



REMEMBRANCE DAY
Let's We Forget

STOP BULLYING

STAND UP. SPEAK OUT.

BULLYING AWARENESS WEEK

November 20th – 24th

During the week of November 20th – 24th students and staff at Sir Isaac Brock are going to be discussing and exploring the issue of bullying and its effects. Throughout the week, students will participate in activities and discussions in their classrooms. This is to promote awareness, empathy and give students the confidence and skills/strategies needed to handle bullying situations, whether they are a bystander or a target or maybe even a bully themselves. Please wear your pink shirt on Thursday, November 23rd to show your support against bullying.



LOST AND FOUND

Please take a moment to visit the lost and found box, or encourage your child to do so. Putting your child's name on their clothing will help us to return lost items to them. Prior to Christmas we will clean out the lost and found boxes and donate all items not claimed to charity.

NUT ALERT

With all the Halloween treats around it is especially important that parents monitor what your child brings to school for nutrition breaks. Many of our students have nut allergies, and we want to keep all our SIB students safe. Thank you for being diligent when packing lunches!

INCLEMENT WEATHER PROCEDURES

In case of severe winter weather, with poor driving conditions and bus cancellations and delays, please check the **Information can also be found online at: <http://www.stwdsts.ca>**



EXTRA CLOTHES

As we head into November, it is always a good idea to send along some extra clothes with your child. An extra pair of dry socks and mittens is always a good thing to have tucked into the backpack. At this time of year, rubber boots are a necessity for our playground as it can be quite muddy and wet!

Battery Recycling

Here at SIB we collect used batteries for recycling. If you have any used batteries feel free to bring them to the office for recycling.

Visitors to SIB!

In an effort to keep our school safe and our halls moving freely it is very important that all visitors to our school, including parents, begin their visit at the office. For safety reasons, it is important that we know who is in the school at all times. All parents and visitors entering the school are asked to do so through the front doors and to sign in at the office. If you are picking up your child or dropping them off during school hours, we ask that you do not walk to your child's classroom to do so. Additionally, if you wish to drop something off for your child, please check-in at the office and we will be happy to have him/her come to meet you there if necessary. If you wish to speak to a teacher, please ask at the office first, rather than going directly to the classroom, this includes before school hours and after school. If you have arranged to volunteer or have a meeting with your child's teacher, you will need to have a visitor's badge. This will be given to you once you have signed in. Visitors and parents are not permitted to walk through the hallways without having first checked in. We appreciate your support in our efforts to monitor the adults in the building.

Sir Isaac Brock November Toy Drive

From November 20th to December 8th SIB we will be collecting new toys and gifts that will be donated to families in need in our area. We ask that toys/gifts are sent into school between the dates of November 20th to December 8th. This year we will run theme days on each of the days of the week. We encourage families to send in an item related to the theme of the day. Following this is also a suggested list of possible gifts. This list was provided to us by “Adopt-A-Family” and “The Children’s Foundation of Guelph Wellington”. Of course all new toys/gifts will be accepted and appreciated. We thank each and every one of you for your generosity.



Monday – Mitts, Hats, Scarves
Tuesday – Toys
Wednesday - Books
Thursday - Gift Cards
Friday – Arts and Crafts

Additional Suggested Ideas:

This list of gift suggestions has been carefully compiled and reflects the items that are most requested from year to year. These toys and games have a solid reputation for good quality, longevity and high play value rather than just being the “hot toys of the season”.

INFANTS to 3 YEARS

- Sensory toys and bath toys; board books; soft blocks
- Lamaze baby toys
- Bright Starts activity centres, play gyms, bouncers and toys
- Fisher Price baby gear and toys
- Fisher Price classic toy line: record player, wind-up tv, chatter phone, xylophone
- Twilight Turtle, Twilight Ladybug
- Edushape baby toys
- Sophie the Giraffe teether

3 to 5 YEARS

- Books
 - Blocks
 - Trucks and cars
 - Floor puzzles
 - Musical instruments
 - Paints, markers and paper
-
- Lego and Duplo sets
 - Melissa and Doug toys
 - Bilibo imaginative toys
 - Calico Critters
 - Aurora Sweet Lollies soft dolls
 - BoogieBoard Jot ewriter
 - Ty Beanie Boos
 - Cooperative board games
 - Board games - Snakes & Ladders, Candyland, Connect Four, Sequence for Kids

6 to 8 YEARS

- Lego and Duplo sets – all types/ages, Star Wars, SuperHeroes
- Playmobil sets
- Shopkins
- Djeco - toys, games, puzzles and crafts
- Minecraft - books and toys
- Roominate - engineering sets designed for girls
- GoldieBlox - books and building sets designed for girls
- Ty Beanie Boos
- Board and card games - Connect 4, Operation, Monopoly, Spot It, Rush Hour, Apples to Apples

9 to 12 YEARS

- Rainbow Loom
- Weavy Loops
- Model building sets and model cars
- Djeco - toys, games, puzzles and crafts
- V-Cube skill game - similar to Rubik's Cube
- My Studio Girl - arts and crafts kits
- Board and card games - Canadian Trivia, Karma, Bananagrams, Spot It! Freeze, Pandemic, Shadows over Camelot, Saboteur

13 YEARS AND UP

- Board games - Lord of the Rings, Arkham Horror
- Gift cards for Stone Road Mall, Shoppers Drug Mart, book stores, music stores, restaurants
- Teen gift packs: socks, toothbrush/paste, personal care products, gift cards for Tim Horton's and Dollarama



Upper Grand District School Board

Digital Open House

Saturday Nov. 18

Arbour Vista Public School

200 McCann Street, Guelph

9:00 a.m. - 11:30 a.m.



- All UGDSB families are invited to Digital Saturday, featuring displays and workshops
- Learn how students are using technology in the classroom to support student learning
- Explore: New technologies, Homework Help, assistive technology to support all learners, online digital resources, parent engagement strategies, appropriate use of technology

www.ugdsb.ca/digitalsaturday



How to get your Child Cooperating without Yelling, Threats or Punishment

Tired of battling with your child? Wish you knew how to get your child cooperating without yelling and threats? Wondering how to help your child become more self-disciplined?

Dr. Laura Markham, founding editor of AhaParenting.com to the rescue, with practical everyday strategies to help you raise a self-disciplined child who WANTS to cooperate!



Dr. Laura says that earning her PhD in clinical psychology at Columbia University was just the beginning of her education as a psychologist. The mother of a teenager and a young adult, says it was becoming a mother that convinced her that parents need more support. Her aspiration is to change the world, one child at a time, by supporting parents.

She assists parents in transforming their relationships with their children. Dr. Markham includes a long question & answer session with every presentation, so her sessions are customized to fit each audience's unique needs. She guarantees that you'll leave energized and inspired, with a plan to create lasting change in your home.

JOIN US FOR THE OPPORTUNITY TO LEARN:

- Your secret weapon to get your child cooperating.
- Why Yelling, Threats and Punishment actually create more misbehaviour.
- How children develop self-discipline.
- The most important parenting habit to create good behavior.
- Strategies to handle your own strong emotions so you can help your child.

LOCATION & EVENT DETAILS

Wednesday November 8, 2017
at Centennial Collegiate Vocational Institute
289 College Ave W, Guelph, ON N1G 1S9

Thursday November 9, 2017
at Westside Secondary school
300 Alder St, Orangeville, ON L9W 5A2

6:15pm: information booths & light refreshments
6:45pm - 8:45pm: Presentation followed by an opportunity to ask Questions

This is a FREE Event - but registration is required.
Access your tickets by going to www.ugdsh.ca/pic/
or contact your UGDSh Principal.

BROUGHT TO YOU BY
UPPER GRAND DISTRICT SCHOOL BOARD'S PARENT INVOLVEMENT COMMITTEE
and ONTARIO MINISTRY OF EDUCATION

Monthly environmental activities to help celebrate our planet

November 24th is BUY NOTHING Day!

Don't buy, give. "No one has ever become poor by giving", Anne Frank

Celebrate Buy Nothing Day on November 24th!

Buy Nothing Day is an awareness day highlighting society's habit of buying too many things. It is a day for society to examine the issue of over-consumption and is held on 'Black Friday', which is one of the busiest shopping days in the United States. <https://en.wikipedia.org>

"We are also consuming and trashing clothing at a far higher rate than our planet can handle. Today's trends are tomorrow's trash. The only solution is to reduce our levels of consumption." *Dr Kirsten Brodde of Greenpeace Germany*- <https://www.telegraph.co.uk>

Repair, reduce, re-use, recycle – 4 R's are best!

It's time for a new kind of materialism, based on an economy of better, not more... that makes things which last and can be repaired many times before being recycled, from furniture to tools, cars, fridges, clothes and food. 'Repair, reduce, re-use, recycle' could be the new model. <https://www.theguardian.com>

Some great ideas for your family on Buy Nothing Day!

- Instead of shopping, enjoy a day in the great outdoors by walking trails or going to the park.
- Recycle school supplies such as binders, workbooks, pens and pencils instead of buying new.
- Donate clothes, books, toys and games your family does not need any more.
- Think of things you can make or do for people as gifts without spending any money.

Either way, there's no doubt that going without buying anything for an entire day is quite a challenge in the modern world, and will serve to make you think about what your life is really about!

<https://www.daysoftheyear.com/days/buy-nothing-day>

Talking About Mental Health November 2017 – Talking to Your Child/Youth about Tragic Events
When a tragic event occurs, children and youth will hear about these events through media, peers or other sources. These are difficult topics to talk about and your response will shape your child/youth's core beliefs.

Tips for talking to children/youth about tragedies

You know your child/youth best, and you'll have a good idea of how much information your child/youth is ready to hear. Consider these tips as a guideline:

Don't allow young children to watch the news. Watching news footage can be very disturbing to young children so it's important to keep it off when they're around.

Keep your message simple. Say something like, "That person decided to hurt other people." For young children, this may be all the information they need. Older children are likely to ask more questions. Stick to the simple facts. It's OK to say you don't know all the answers.

Focus on the steps that are being taken to keep people safe. Talk about how police officers, government officials, and other first responders are helping. Spend more time talking about the good work people are doing, rather than the horrific event. This can help reduce your child/youth's anxiety about safety.

Empower your kids to become helpers. Discuss how they can take positive action in the wake of a tragic event. Volunteering in the community and donating allowance money can go a long way toward helping children/youth see that they can always take steps to make the world a little better. Children/youth who feel like they have a little bit of control are less likely to feel helpless in the wake of a tragic event.

Send a healthy message to your child

No matter how many conversations you hold or how much you decide to share, keep the message the same, bad things happen but there are good people out there helping and we're strong enough to get through it.

Sharing with your child/youth messages that fosters resilience and teaches your children/youth they're able to cope with whatever bad things come their way in life and there are caring adults in their lives to talk to and who will support them.

(This information is taken from Psychology Today: <https://www.psychologytoday.com/blog/what-mentally-strong-people-dont-do/201710/how-talk-kids-about-the-las-vegas-shooting>)

Have a mentally healthy day!

*Dr. Lynn Woodford is the Mental Health Lead for Upper Grand District School Board
Follow me on twitter: @drlynnwoodford*