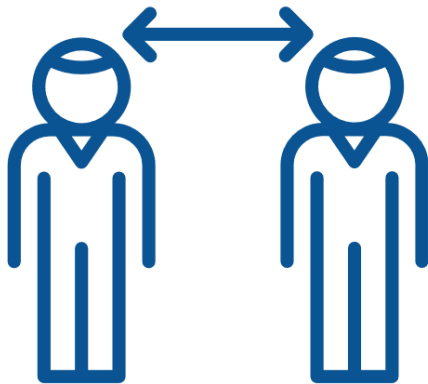


# Help stop the spread of COVID-19

**Please keep your  
physical distance**



- Physical distancing means keeping 2 metres apart from others

Adapted with permission from Toronto Public Health

When outside your home, stay at least 2 metres (or 6 feet) away from other people whenever possible.