



Taylor Evans Public School

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November 2016

Principal's Message

How Time Flies!

Cold weather has returned and with that the need to dress warmly. Parents are reminded to send students to school with warm clothing including: hats, mitts and outdoor shoes/boots. Layers are suggested. Extra socks and mittens in backpacks are a good idea.



Stay up to date by signing up for electronic messages. You can sign up at:

<http://www.ugdsb.on.ca/tevars/>



Farhan Hussain
Principal

Anti-Bullying at TEPS



At Taylor Evans, we take a school-wide collaborative approach when solving problems with students. Students are encouraged to first use their words with their peers if problems arise on the yard or in the classroom. If peer problem solving is unsuccessful, students are to report their concerns right away to a trusted adult.

Using honesty and respect, our students are encouraged to share what happened, as they work toward developing a positive solution.

PA Days November



There will be one PA Day in November:
Friday, November 25th – full day

(NO SCHOOL for students)

Remembrance Day Assembly

We will have our assembly on Friday, November 11, 2016 at 9:10 a.m. Parents and family members are invited to join us at this time.



A \$1.00 donation to the Legion is welcomed for poppies that will be worn that day.

Important Dates

Wednesday, November 9th: 7 p.m. SEAC Meeting @
The Guelph Board Office

Monday, November 28th: 7 p.m. PIC Meeting @ The
Guelph Board Office

Homework Help

HH is a free service, offering live one-on-one tutoring for Ontario math students in grades 7 to 10 by certified Ontario teachers. Tutors tailor teaching strategies to each student, taking the time to understand the specific challenges for each learner and gear the sessions to meet the student's needs.



HH offers 24/7 math resources for Ontario students in grades 7 to 10.

HH resources are diverse, covering the key skills learned in grades 7 to 10. Resources are skill based, not sorted by grade making them welcoming to learners filling their gaps

HH Video: <http://goo.gl/ZKzivx> | HH Registration: <http://goo.gl/oKocEL>

School Council Meeting

School Council is having our next meeting on Thursday, November 17th, 2016 from 7:00 – 8:00 p.m.



Progress Reports



Thursday, November 17th: Progress Reports go home for Grades 1-8 only.

Taylor Evans School Wide Bullying Awareness and Prevention Week

Taylor Evans will recognize Bullying Awareness and Prevention Week during Nov 21st to Nov 24th. Please note that we will all wear pink on Wednesday, Nov 23rd to say "no to bullying". Here is a list of some of the activities:

November 21th – 24th

Monday	Tuesday	Wednesday	Thursday
Announcements focused on "Anti Bullying/ Be a Friend"	Announcements focused on "Anti Bullying/ Be a Friend"	Announcements focused on "Anti Bullying/ Be a Friend"	Announcements focused on "Anti Bullying/ Be a Friend"
CYC classroom visits focusing on Anti Bullying/Be a Friend	School wide spirit activity Each student will receive an Eraser with a message on it "Erase Bullying"	CYC classroom visits focusing on Anti Bullying/Be a Friend Wear Pink – Spirit Day	CYC classroom visits focusing on Anti Bullying/Be a Friend

Extra-Curricular Activities

Clubs, Extra Curricular	Time	Staff In Charge
Student Council	Mondays 2 nd break	M. Roth, J. Ormond, A. Yurkiw, L. Tremblay, T. Sambol
Kindergarten Helpers	Nutrition breaks	E. Fennema
Library Monitors	Second break	S. Vaz
Safety Patrol	Before and after school	T. Dickieson
Homework Club	Daily, 1st recess break	Intermediate Teachers
Best Buddies	Twice a month	L. Vos
Grade 8 Pizza Helpers	Tuesdays & Thursdays	J. Ormond
We Schools Club	Day 4, 1st break	A. Yurkiw
Gr 7 & 8 Improv Club	Thursdays after school	T. Sambol
Gr 7 & 8 Photography Club	Twice monthly, 2nd break	T. Sambol
Juggling Club (Gr 6 - 8)	Wednesdays after school	L. Faieta

Helping your child with difficult situations

Life is full of things that are hard to deal with. Sometimes children need help in dealing with these events. “Resiliency” is what helps adults and children to “bounce back” from the difficult events in life. The best way to help your child be more resilient is to model the skills for them. Here are some ideas that you can try:

1. Starting at birth, respond to baby’s smiles and cooing by smiling and cooing back often.
2. Comfort your child when he or she is upset. Hugs and a quiet voice can go a long way in calming a child.
3. Teach your child to take deep breaths to calm down when they are upset and then talk when they are relaxed.
4. Help your child to see another way of looking at things: “I know that you want to play with that toy. Tom waited for the toy and now it is his turn. He would be sad if you took it away.”
5. Instead of making your child say “sorry”, talk about his or her feelings and the feelings of the other person involved in the event.
6. At night when you put your child to bed ask them to think of one positive thing that happened to them that day. You could share something too.
7. Point out your child’s strengths: “Hey you rode that bike by yourself!”
8. Encourage your child to keep trying even if something is hard.
9. Read positive, happy stories together.
10. Give your child lots of time to play. Help them play with other children in a positive way.

If you would like more ideas and information on raising a resilient child go to
<http://www.reachinginreachingout.com/resources-parents.htm>

Special Class Placement in UGDSB

Students who require special education programs and services receive support through the classroom teacher and the special education resource teacher at their home schools. However, in some circumstances, students can be referred to a special education class placement where focused instruction in the area of need is provided. These classes have smaller numbers and can provide targeted instruction to meet student needs.

In elementary there are four specialized class placements for the following exceptionalities: Learning Disability, Mild Intellectual Disability/Language-based Learning Disability, Developmental Disability (Intellectual Disability), and Intellectually Gifted. Students need to have a diagnosis of an exceptionality before they can be eligible for class placement, and parents and the school team should feel like the placement would best meet the student's learning needs.

Contact your school team if you would like to have more information on special class placement options.

Talking About Mental Health November 2016 – Technology and Video Games

Between checking text messages and playing the latest video game, how much time do you and your children/youth spend on technology?

“Technology is not really the problem, the lack of balance is,” says Doriann Shapiro, Social Worker, Problem Gambling Institute of Ontario (PGIO). “Because we are in a technological age, youth are often also using tech for writing and research. But when they are totalling over seven hours a day, finding balance between that is the challenge.”

“Problem video gaming has harmful effects on an individual's social, occupational, family, school, and psychological functioning,” says Lisa Pont, Social Worker, PGIO. “It can result in a loss of control, withdrawal, and escape from difficult feelings.”

Here are some tips from Centre for Addiction and Mental Health (www.camh.ca) and Problem Gaming Institute of Ontario (www.problemgambling.ca) that can help:

1. Consider how you use technology. You are modeling behaviours for your children/youth.
2. Before giving your children/youth access to technology, talk to them about safe use. Communicate openly and honestly. Discuss possible effects and the dangers of using the Internet and social media.
3. Talk to your children/youth about how to integrate technology into their lives in ways that respect others. For example, some families have “no texting” rules during mealtimes and family events.
4. Be aware of your children's/youth's Internet activities and what they access. Create rules that both you and your child agree to, based on their age and past Internet use. You can also consider V-chip technology for the TV, which can block access to programs and channels, and parental controls for Smartphones and computers.
5. Spend time learning about the Internet and video games popular with youth. Participate with your children/youth in these activities. They are more likely to listen to you if they think you know what you're talking about.
6. Have your children/youth use a shared computer in an open area of your home where you can monitor what they're doing.
7. Help your children/youth lead balanced lives. Set limits around your children's/youth's use of technology. Encourage them to take part in “offline” activities such as sports, music, drama and in-person get-togethers with friends and family.
8. Help your children/youth set priorities. For example, doing homework comes before spending time texting or playing video games.
9. Remember that you own the equipment (e.g., computer, cell phone) your children/youth are using—or you've likely given them the money to buy it. If your children/youth are not using the technology in ways that you approve, you have

the authority to cut off access or control their use in other ways (such as using a secret password to set the administrative rights on your home computer).

10. If you have seen signs that indicate your child/youth may be developing a problem from their technology use, (such as: increased time playing/online, avoiding other activities including other interests and school, sleep problems, poor hygiene, less time with friends/family, lying about their gaming/internet use) talk with your child/youth about your concerns. You could also contact your family physician to get guidance and support for the whole family.

Homewood Community Addiction Services provides support for youth and families with gaming addictions: 519 836 5733.

Here are some useful resources.

Books:

My Parents Aren't Noobs by Michelle Nogueira and Anthea Helps

Sofa Boy by Scott Langteau

Doug Unplugged (book and DVD) by Dan Yaccarino and Chris Patton
Websites:

www.problemgambling.ca
www.camh.ca

Have a mentally healthy November!

*Dr. Lynn Woodford is the Mental Health Lead for the Upper Grand District School Board.
Follow me on Twitter @drlynnwoodford.*

Board Wide Fundraising Initiative for Syrian Newcomers in our Community

We have been pleased to welcome almost 75 Syrian newcomer students into our Upper Grand schools since last January. We are hoping that you will consider helping us in a board wide fund raising initiative to raise funds to help Syrian newcomers settle into our schools and community. We have partnered with Orca Book Publishers to raise funds by selling their newly published book entitled, "Stepping Stones: A Refugee Family's Journey" by Margriet Ruurs through our school and board websites. For every book that is sold through our board or school websites, Orca will donate \$10 to our local settlement agencies to support Syrian refugees.

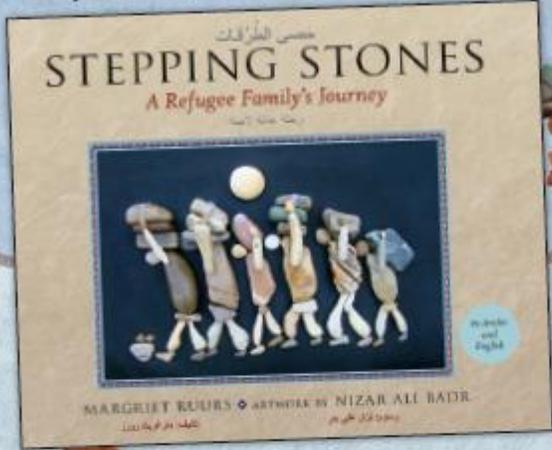
This unique picture book was inspired by the stone artwork of Syrian artist Mizar Ali Badr, who was discovered by chance by Canadian children's author Margriet Ruurs. She was immediately captivated by the strong narrative quality of Mr. Badr's art, and, using many of Mr. Badr's already-created pieces, she set out to tell a story about the Syrian refugee crisis. Stepping Stones tells the story of Rama and her family, who are forced to flee their once peaceful village to escape the ravages of the civil war raging in their homeland. With only what they can carry on their backs, Rama and her family set out to walk to

freedom. Mr. Badr's stunning stone images illustrate the story. This book is a dual-language (English and Arabic) edition.

To order this book, please visit your school's website or the board website and click on the buy button to place your order. Payment is made directly to Orca and the books are shipped directly to your address from their warehouse. Payment for the order will go through at the time of purchase and it will include shipping. Orca will keep track of how many books are sold in our board and will send us \$10 for every book sold, which will then be donated to a local resettlement agency.



For more information, please see the attached flyer or contact Bonnie Talbot at bonnie.talbot@ugdsb.on.ca or 519-824-4420.



A refugee family's flight to freedom, uniquely illustrated.

سحس السحس
STEPPING STONES
A Refugee Family's Journey
سحس السحس

MARGRIET RUURS • ILLUSTRATED BY NIZAR ALI BADR
سحس السحس • سحس السحس

Help raise funds for Syrian refugees in your community.

For every book sold \$10 will go to toward your school's fundraising efforts.

Please visit your school's website for more information and a link to purchase. Your purchase will arrive in 8 to 10 days.

We hope you will talk about this book and your community's efforts to raise funds and make new families feel welcome. Tag Orca (Twitter, @orcabook or Instagram, @orcabookpublishers) or use #SteppingStones in your social media posts so we can all spread the word.

 ORCA BOOK PUBLISHERS
www.orcabook.com • 1-888-281-5127

www.steppingstonesthebook.com

WELLINGTON

Early Learning Centre

BOARD OF DIRECTORS



The WELC Board of Directors is looking for a Treasurer

Are you or someone you know interested in an opportunity to volunteer?

We're currently looking for someone to be our next Treasurer!

For more information, please contact Filomena Raposo at welcboard@gmail.com



What's Happening

November

Adult Programs

Adult "Bored" Games Night

 Drop-In
Wednesday's
6:30pm-8:00pm

West End Community Centre
Hastings Community Room

Adult Badminton

 Drop-In
Thursday's
6:30pm-8:00pm
Taylor Evans Public School
Gymnasium



ESL Coffee Hour

Drop-In
Tuesday's & Thursday's
9:30am-11:00am
West End Community Centre
Hastings Community Room
Childminding Available



Adult Coffee Hour

Drop-In
Wednesday's
9:30am-11:00am
West End Community Centre
Hastings Community Room

Children's Programs

Get Moving Monday's

Monday's
6:30pm-8:00pm
Taylor Evans Public School
Gymnasium
Registration Ongoing 



Lab Rats

Science Club
Tuesday's
6:30pm-8:00pm
Mitchell Woods Public School
Room #10
Registration Ongoing

Kids Acting Out

 Drama Club
Wednesday's
3:05pm-4:30pm
Gateway Drive Public School
Room #3
Registration Ongoing 

Imagination Creations

 Art/Crafts Club
Thursday's
6:30pm-8:00pm
Taylor Evans Public School
Lunchroom
Registration Ongoing 



Pre-Registration is Required

Tickets Available Now at the WECC

December 9th, 2016
6:30 P.M. - 9:00 P.M.

JK - Grade 6

Indoor Shoes Required

33 GATEWAY DRIVE GUELPH

\$5 Per Child
\$15 Per Family*

*3 or more children

