

STRENGTHS TO GROW

RESEARCH
STUDY

UNIVERSITY
of GUELPH



We are studying parents' experiences with Strengths to Grow, a brief online program that caregivers can use to discover and develop their child(ren)'s unique strengths.

What would participating in the study involve?

- You'll complete two online surveys (10 minutes each) and the online, self-directed Strengths to Grow program (30 minutes)

You can help if:

- You're a parent/guardian of a child(ren) in kindergarten to Grade 8
- You speak and understand English

Dr. Margaret Lumley | Faculty
Member | Department of
Psychology

Phone: (519) 824-4120 X 56798 |
Email: mlumley@uoguelph.ca



How do I sign up?

FOLLOW THIS LINK FOR
MORE INFO:

<https://bit.ly/strength-research>

OR SCAN THE CODE