**Information from Public Health:**

**Fun facts about vaccines!**

* You are 4 times more likely to get hit by a meteorite than to have a serious reaction to a vaccine.
* You have a 0.00013 percent chance of having a serious reaction to a vaccine!
* Vaccination is among the **most successful** and cost-effective health initiatives; routine immunization is the foundation of the health care system and universal health coverage.
* Vaccines save millions of lives each year.
* Vaccines are for people of all ages; vaccinations are for a lifetime.
* We all have a part to play as advocates, individuals, parents, health care workers and innovators; individuals must drive the vaccine process.
* Health Care Workers have a critical role to play to counteract vaccine hesitancy.

**PARENT TIP** - Check out this link for tips to help your child cope during immunizations!

<http://www.sickkids.ca/PDFs/Learning/32832-CMAJ%20HELPinKIDS%202010%20Appendix%201%20parent%20tool.pdf>