

This chart specifies some activities that are permitted (Y) or not permitted (N) on field trips, sorted by grade. **Please refer to [OPASSE guidelines](#) for all activities.**

This list is a sample of field trip activities only. Any proposed field trip activity not on this list, or the activity does not have OPASSE guidelines, must be approved by the principal.

Activity	JK - 3	Grades 4, 5, 6	Grades 7, 8	Grades 9 - 12
Acrobatic Cheerleading	N	N	N	Y
Amusement Parks (e.g., Canada's Wonderland)	N (carousel and train ride at Riverside Park in Guelph are permitted)	N	N (music trips permitted)	N (music trips permitted)
Archery	N	Y	Y	Y
Biking - Downhill Mountain	N	N	N	N
Biking (Helmet Mandatory)	Y	Y	Y	Y
Bungee Trampoline Jumping	N	N	N	N
Camping - Wilderness	N	N	N	Y
Camping - Winter Tent	N	N	N	Y
Camping - Residential Camps	N	N (Gr 4, 5) Y (Gr 6)	Y	Y
Camping - Base Camp (e.g., provincial park)	N	N	Y	Y
Canoeing	N	N	N	Y
Canoeing - White Water	N	N	N	N
Canoeing - Wilderness Tripping	N	N	N	Y
Caving - Remote / Spelunking	N	N	N	N
Caving - Public Areas • (e.g., Rockwood, Collingwood)	Y	Y	Y	Y
Diving - Springboard Only • 2 m or less	N	N	Y	Y
Fireworks	N	N	N	N
Firing Ranges	N	N	N	N
Flying - Helicopter, Small Aircraft	N	N	N	N
Flying - Commercial Airline	N	N	Y	Y

Activity Risk Chart

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Activity	JK - 3	Grades 4, 5, 6	Grades 7, 8	Grades 9 - 12
Gymnastics <ul style="list-style-type: none"> • Accredited clubs with trained supervisors only • In-ground trampoline only, where trampoline is level with the floor 	Y	Y	Y	Y
Hockey - Ice <ul style="list-style-type: none"> • Full equipment, including full face mask and mouth guard 	N	N	Y	Y
Horseback Riding <ul style="list-style-type: none"> • Guided only • No jumping • Helmets mandatory 	N	Y No trail riding	Y	Y
Horseback Riding – Students in Life Skills Programs <ul style="list-style-type: none"> • CanTRA stables only • Arena riding only 	Y	Y	Y	Y
Kayaking - Flat Water	N	N	N	Y
Martial Arts <ul style="list-style-type: none"> • Self-defence only • Qualified instructors 	N	Y	Y	Y
Paint-Ball	N	N	N	N
Rafting - White Water	N	N	N	N
Rock Climbing Walls <ul style="list-style-type: none"> • Helmets mandatory • Accredited supervisors only 	Y Gr 1-3 only No students belaying other students	Y No students belaying other students	Y	Y
Rock Climbing - Outdoors	N	N	N	Y
Ropes – Challenge Course-High Elements <ul style="list-style-type: none"> • Helmet & harness mandatory • Accredited supervisors only 	N	Y No students belaying other students	Y	Y
Ropes – Challenge Course-Low Elements	Y Gr 1-3 only	Y	Y	Y
Scuba Diving Instruction	N	N	N	Y public pool only

Activity Risk Chart

508 - Appendix A

Activity	JK - 3	Grades 4, 5, 6	Grades 7, 8	Grades 9 - 12
Skating - Ice <ul style="list-style-type: none"> • CSA-approved hockey helmet mandatory 	Y	Y	Y	Y
Skating - Inline <ul style="list-style-type: none"> • Helmets and protective equipment strongly recommended 	N	N	Y	Y
Skiing - Cross Country	Y	Y	Y	Y
Skiing - Downhill <ul style="list-style-type: none"> • Helmets mandatory • OSRA member resorts only 	N	N	Y	Y
Snow Boarding <ul style="list-style-type: none"> • Helmet mandatory 	N	N	Y	Y
Snow Tubing	N	N	N	N
Splash Pads - water must fully drain	Y	Y	Y	Y
Swimming - hotel pools	N	N	N	N
Swimming - public pools <ul style="list-style-type: none"> • With lifeguard 	Y Lessons only	Y	Y	Y
Swimming - Residential Pools	N	N	N	N
Swimming – Natural site <ul style="list-style-type: none"> • With lifeguard 	N	N	N	Y Wilderness trips only (P.F.D. must be worn)
Tobogganing (snow sliding)	Y	Y	Y	Y
Tour Boats <ul style="list-style-type: none"> • Maid of the Mist is not allowed 	Y	Y	Y	Y
Tubing - white water	N	N	N	N
Water parks and wave pools	N	N	N	N
Zip Lining	N	N	N	N